

ED's OSHS PREVENTION NEWS DIGEST

Office of Safe and Healthy Students

Resources for Parents Following Traumatic Events

Because of the disaster that has struck the communities in Oklahoma, many parents and family friends are having difficulties talking with children about such tragedies.

With that in mind the Department has prepared lists of resources specifically designed for parents and guardians to provide guidance on talking to children following events like those in Oklahoma and in the event of an emergency, how to prepare. For more information, visit ED's [Readiness and Emergency Management for Schools Technical Assistance Center](#), and [Helping Youth and Children Recover From Traumatic Events](#).

Creating and Updating School Emergency Management Plans

§ [U.S. Department of Education's Emergency Planning Resources](#)

§ [Practical Information on Crisis Planning Guide](#) [PDF, 1.6 MB]

§ [Steps for Developing a School Emergency Management Plan](#) [PDF, 407 KB]

§ [Components of Comprehensive School and School District Emergency Management Plans](#) [PDF, 205 KB]

§ [Creating Emergency Management Plans](#) [PDF, 535 KB] [Emergency Exercises: An Effective Way to Validate School Safety Plans](#) [PDF, 330 KB]

Helping Youth and Children Recover From Traumatic Events

§ **NEW!** [Tips for Adults on How to Talk with Children About Connecticut School Shooting](#) [PDF, 190 KB]

§ **NEW!** [Resources related to Newtown, Connecticut Tragedy from U.S. Department of Health and Human Services](#) [PDF, 190 KB]

§ **NEW!** [Helping Young Children and Families Cope with Trauma](#) (SAMHSA National Child Traumatic Stress Network) [PDF, 319 KB] Spanish - [Ayudando a Niños\(as\) y Familias a Enfrentarse con el Trauma](#) [PDF, 328 KB]

§ **NEW!** [Childhood Traumatic Grief Educational Materials for Parents](#) (SAMHSA National Child Traumatic Stress Network) [PDF, 123 KB]

§ **NEW!** [Parent Tips for Helping Infants and Toddlers after Disasters](#) (SAMHSA) [PDF, 700 KB] [Spanish](#) [PDF, 328 KB] [Japanese](#) [PDF, 254 KB] [Chinese](#) [PDF, 975 KB]

§ **NEW!** [Parent Tips for Helping Preschool-Age Children after Disasters](#) (SAMHSA) [PDF, 246 KB] [Spanish](#) [PDF, 328 KB] [Japanese](#) [PDF, 254 KB] [Chinese](#) [PDF, 975 KB]

§ **NEW!** [Parent Tips for Helping School-Age Children after Disasters](#) (SAMHSA) [PDF, 246 KB] [Spanish](#) [PDF, 328 KB] [Japanese](#) [PDF, 254 KB] [Chinese](#) [PDF, 975 KB]

§ **NEW!** [Parent Tips for Helping Adolescents after Disasters](#) (SAMHSA) [PDF, 246 KB] [Spanish](#) [PDF, 328 KB] [Japanese](#) [PDF, 254 KB] [Chinese](#) [PDF, 975 KB]

§ **NEW!** [Tips for talking to children and youth after traumatic events: A guide for parents and educators](#) (SAMHSA) [PDF, 1.4 MB] (SAMHSA) [PDF, 1.4 MB] (SAMHSA) [PDF, 1.4 MB]

§ **NEW!** [Psychosocial Issues for Children and Adolescents in Disasters](#) (SAMHSA) [PDF, 700 KB] [Child Trauma Toolkit for Educators](#) (The National Child Traumatic Stress Network) [PDF, 3.5 MB]

§ [Coping With a Traumatic Event: Information for the Public](#) (CDC)

§ [Helping Children and Youth Who Have Experienced Traumatic Events](#) (SAMHSA) [PDF, 6.2 MB]

§ [How to Support Grieving Youth](#) (Maine Youth Suicide Prevention Program) Accessible at www.maine.gov/suicide/parents/support.htm

§ [Listen, Protect, Connect-Model & Teach: Psychological First Aid \(PFA\) For Students and Teachers](#) (REMS TA Center) [PDF, 429 KB]

A Helpful Hints Publication School Safety and Crisis Resources, National Association of School Psychologists (NASP) Accessible at <http://www.nasponline.org>